

## Restored Lives at Home

The current lockdown is particularly difficult for those suffering separation and divorce. We want to continue to support them so we are launching Restored Lives at Home - the same Restored Lives course delivered online via Zoom.

Topics covered include:

Facing the Effects of Separation and Divorce

The Importance of Good Communication

Resolving Conflict

Forgiveness

Divorce – The Legal Issues

Parenting Issues

Moving Forward with Hope

The course costs £20 which includes all materials including a copy of the book and guest manual, which will be posted to guests.

In just the same way as when we deliver the course in-person, the online sessions will begin with a talk, followed by discussion in small groups. The groups will be led by people who have gone through a divorce themselves. Participants don't need to be technical to join, full and clear instructions will be provided on how to join and extra time will be given the first session to make sure everyone can connect.

Who could you invite?

Do you know of anyone struggling with the breakdown of a significant relationship? Please invite them to join us. Equally please promote the course to your own networks perhaps someone at your church, parenting group or mid-week group knows someone who would benefit from logging in to join us.

If you are a Restored Lives leader and you would like to refer people to join Restored Lives at Home please send them this link to register. [www.htb.org/restoredlives](http://www.htb.org/restoredlives)

The course will be run via zoom so you can join on a phone, laptop or tablet wherever you live:

Restored Lives at Home session dates:

Monday, 11 May - 7:00pm - 9:30pm

Monday, 18 May - 7:00pm - 9:30pm

Monday, 25 May - 7:00pm - 9:30pm

Monday, 1 June - 7:00pm - 9:30pm

Monday, 8 June - 7:00pm - 9:30pm

Monday, 15 June - 7:00pm - 9:30pm

Monday, 22 June - 7:00pm - 9:30pm

Monday, 29 June - 7:00pm - 9:30pm

Best wishes

The Restored Lives Team