



PARISH OF OUR LADY AND ST DAVID

CWMBRAN

(Registered Charity No. 242380)

Parish Priest: Canon John Griffiths Tel: 01633 482346

Parish Deacon: Rev Peter McLaren Tel: 01633 770754

Parish Sister: Sr Thecla Tel: 01633 483232

Safeguarding Officer: John Metcalfe Tel: 007977108478

SUNDAY 9th AUGUST 2015

19TH SUNDAY OF ORDINARY TIME YEAR B

PSALTER WEEK 3

"I am the living bread which has come down from heaven."

The bread that comes down from heaven is not just a bread which nourishes the body, but one which gives renewed life - be this in the form of energy and purpose (as we see in the story of Elijah) or in the form of a gift of eternal life. As Jesus continues his discourse on the Bread of Life, he faces the complaints and criticism of the crowd, who take a very short-sighted view of what he says, and affirms for them that true life, a life the will never end, is found in him, he is the one who has come from the Father, and so is the living bread which gives life. Jesus here makes an explicit link between "belief" and "eating the bread of life": the two lead to each other, and they both bring about that which man most desires - to live for ever. The Response to the Psalm in many ways sums this up: 'Taste and see that the Lord is good.'

PSALM

I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him.

Alleluia, alleluia! (Sung) If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. **Alleluia! (Sung)**

First Reading: 1Kings 19: 4-8

Second Reading: Eph 4: 30-5:2

Gospel Reading: John 6: 41-51

PARISH LITURGY AND DEVOTIONS THIS WEEK

Morning Prayer: Mon, Tues & Thurs 9.10am

Evening Prayer: Fri 4.40pm

| | | | <u>19th Sunday of Year B</u> |
|-----------|---------|------------|--------------------------------------------------------------------|
| Saturday | 4.30pm | St David's | Gerry Harper (B Fam) |
| | 6.00pm | Our Lady's | Sheila & Rosemary(JM): Nancy Prosser: Denis Donoghue (VD) |
| Sunday | 9.30am | Our Lady's | Rose and Jack Clifford (MW) |
| | 11.15am | St David's | The People of the Parish |
| Monday | 9.30am | Our Lady's | Frank & Bessie Maguire ((E&SG) <i>St Lawrence, Deacon, Martyr</i> |
| Tuesday | 9.30am | St David's | Teresa & Alban Helm (VW): Peter Feeney (MM) <i>St Clare</i> |
| Wednesday | 2.00pm | Our Lady's | Hugh Williams (PJ) |
| Thursday | 9.30am | St David's | The Duval Family (PD) |
| Friday | 9.00am | Our Lady's | John Gillette (CG) <i>St Maximilian Mary Kolbe, Priest, Martyr</i> |
| Saturday | 4.30pm | St David's | Sr Joan Ware DHS (KW): Ada Ricci (BFAM) |
| | 6.00pm | Our Lady's | Jan Jakubowski (JJ): Dianna Kopec (S&MK) |
| Sunday | 9.30am | Our Lady's | Eileen Watts (PW) <u>Assumption of The Blessed Virgin Mary</u> |
| | 11.15am | St David's | The People of the Parish |

Exposition of the Blessed Sacrament

Tues: St David's: 10.00am-11.30am

Fri: Our Lady's: 9.30am-5.00pm

RECONCILIATION

Our Lady's: 12noon -12.30pm

St David's: 3.45pm -4.15pm

St David Church carpark: Station Road entrance

Gas pipes are being laid in the carpark from the Station Road entrance to the boiler room of the Church from Friday 14th August to Sunday 16th August. On Sunday 16th pipes will be laid in Station Road to connect the Church to the mains. There will be a temporary four way traffic light system in operation that day on Station Road. Please use the entrance in Avondale Road to access the Church.

Your giving to your Parish: many thanks

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|-------------------------|----------|
| Gift Aid | £575.50 |
| Non Gift Aid | £683.86 |
| Gift Aid Standing Order | £148.96 |
| Total giving this week | £1408.32 |
| Mass Count: 390 | |

Sick List

Please pray for the sick and housebound especially George Whitfield, Mostyn Crowley, Joyce Thomas, Tom and Hazel McCarthy, Jean Olearczyk, Goff James, Reg & Mary Leigh, Peter Lee, Mary Reilly, Bill Gale, Phillip & Doreen Hayton, Pauline Duval, Lilian Cody, Barbara Berger, Megan Donnelly, Peggy Wickett, Kathleen Eyre, Doreen Tubb, Mieczyslan Kopec, George Powell, Trevor Jenkins, Chris Bowditch, Mavis Thomas, Peggy Wells, Mary Crescenzi, Margaret Gallagher, Mary Cook, Bernard Coughlin, Mel Pearce, Molly McDonald, Lawrence Crowley, Shelagh Mills and all who care for them.

Dementia & Spirituality: Prayer Service

with hymns and the Sacrament of the Sick for people with dementia and their carers on **Thursday 27th August** at 2:00pm to 3:30pm in Llantarnam Abbey, Cwmbran, NP44 3YJ. Light refreshments provided. Let us come together and pray for & with all who experience the effects of Dementia

ST TERESA OF AVILA 500TH ANNIVERSARY CELEBRATIONS

An exhibition of the works and life of St. Teresa of Avila is travelling throughout the United Kingdom marking the 5th Centenary of the birth of this Mystic and Doctor of the Church. It will be hosted by St. David's Cathedral, Cardiff, from Friday 28th August until Wednesday 16th September 2015.

A date for your diary.

New Harmony Singers and Our Lady of the Angels School Choir will present a Grand Concert on **Saturday October 3rd at 7 pm** in the Catholic Hall. All proceeds to go to Parish Funds. Tickets £5 Tickets from the Parish Office, the School and Paddy Landers (868352)

Proclaim the Good News!

Mark 16 v. 15 Catholic Renewal Conference August 21st-23rd 2015 University College of Wales, Trinity St. David Carmarthen CF31 3EP

PILGRIMAGE TO THE HOLY LAND MEETING THURSDAY 3RD SEPTEMBER 2015 AT 7PM

IN ST ANNE'S ROOM AT OUR LADY'S.

We have to pay the outstanding balances to the Travel Agent by 12th September.

A NEW SAFEGUARDING E-LEARNING PROGRAMME

The Catholic Church in England and Wales is possibly the first Church in the UK, or indeed the world, to offer safeguarding e-learning to every parishioner free of charge. Do you work with children, young people or adults who may be vulnerable? Are you a parent who wants to learn about online safety?

Then take a look at the safeguarding e-learning programme which includes:

Child Protection, Child Protection in Education Safeguarding Adults, Child Exploitation & Online Safety, Mental Capacity

To find out more take a look on the diocesan website or www.catholicnews.org.uk where you will find a brochure giving details on how to access the programmes. The e-learning programme is an integral part of the Church's commitment to safeguarding. We all have a role to play in creating a safe environment.

PROCLAIM '15: Building Missionary Parishes

Proclaim '15 is then name of a new initiative being launched by the Archdiocese of Cardiff and the other Catholic Bishops across England and Wales to support, enthuse and equip parish evangelisation.

On 10th October, St David's Sixth Form College hosts a major conference for the Archdiocese of Cardiff on evangelisation.

Would you be like to be a parish representative and attend the conference of behalf of the Parish of Our Lady and St David's?

If so please contact the Parish Office to obtain a booking form. When completed please return the form to the Parish Office.

The Cardiff Conference will be held at St David's Sixth Form College, Ty Gwyn Road, Cardiff CF23 5QD 10th October 2015, 9.30am-4.30pm. The booking fee of £15 includes a midday meal N.B. This fee will be paid by the Parish.

Local Pilgrimages

Annual Pilgrimage to the Grave of St John Kemble

Sunday 23 August 2015. See poster for details.

Annual Pilgrimage in Honour of St David Lewis S.J.

Sunday 30th August 2015. See poster for details

Tintern Abbey Sung Vespers 6th September 2015

see poster for details

Parish Directory

PAC Chairman: Mrs. Paddy Landers 01633 868352

SVP: Dave Stroud 01633 838542

Mrs S McCool, Head Teacher, Our Lady of the Angels School Tel: 484673

Mrs J Bates, Head Teacher, St David's School Tel: 482580

"Not to go to communion is like someone dying of thirst beside a stream

*St John Vianney
(1786-1859, Cure of Ars)*